

DR / Hend Abouzeid Abdallah

Associate professor of medical physiology

Contact

Address: Benha- Egypt

Mobile: 0570787364

E- mail:

Hend_mfm@yahoo.com

Hend.Abuzeid@fmed.bu.edu.eg

Dear Dean of the Faculty of Medicine,

I am writing to express my strong interest in a faculty position. With over 15 years of teaching medical physiology, my experiences align with your institution's commitment to excellence.

Teaching Excellence: I have a proven track record in teaching medical physiology through PBL, TBL, credit hours, and integrated systems. My expertise extends to instructing students in medicine, dentistry, pharmacy, and physiotherapy.

Specialized Focus: My particular interest lies in neurophysiology and neurosciences.

Educational Materials Development: I actively contribute to the preparation of educational materials for both undergraduate and postgraduate medical students, covering teaching courses, practical exercises, MCQs, and case studies.

I am passionate about contributing my teaching expertise to your esteemed faculty. Enclosed is my CV for your kind review.

.

Sincerely, **Dr. Hend Abouzeid**

Curriculum Vitae

I- Personal Information

Name: Hend Abouzeid Abdallah.

Gender: female.

Birth date: 29-1-1984.

Nationality: Egyptian.

Address: Currently Jeddah KSA

Social status: Married with 3 kids.

Mobile: 0570787364 - 0537994385

E-mail: hend_mfm@yahoo.com

II- Languages:

1- Arabic.

2- English (fluent).

III- Work Experiences

1. **House officer:** in Benha University Hospital from 1/3/2008 to 29/2/2009
2. **General practitioner:** in Egyptian Ministry of Health: from March 2009 to July 2009.
3. **Demonstrator of Medical physiology, Physiology department, Faculty of Medicine, Benha University, Egypt.** July 2009 to March 2013
4. **Assistant lecturer of medical physiology, Physiology department, Faculty of Medicine, Benha University, Egypt.** March 2013 to June 2017
5. **Assistant professor of medical physiology, Physiology department, Faculty of Medicine, Benha University, Egypt.**
22 June 2017 till September 2018.
6. **Assistant professor of medical physiology, department of Bio physiology at Mutah college of Medicine, Mutah University, Jordan.** September 2018 till September 2020.

7. Assistant professor of medical physiology, Physiology department, Faculty of Medicine, Benha University, and October 6th university, Egypt. September 2020 till November 2022
8. Associate professor of medical physiology, Biophysiology, Ibn Sina National College for Medical Studies ISNC, KSA. November 2022 till Now

IV- Research and Publications

1. **The Possible Antioxidant Effect of Vitamin D on Renal Ischemia Reperfusion Injury of Male Rats: Role of Peroxisome Proliferator Activated Receptor γ (PPAR γ).** Benha medical journal,2017
2. **Antioxidant, Anti-inflammatory and Anti-apoptotic Effect of Adiponectin on Cerebral Ischemia Reperfusion Injury in Rats.** American Journal of Biomedical Sciences DOI:10.5099/aj190200090 (2019)
3. **Leptin exerts a bone protective effect in ovariectomized rats by inhibiting osteoclastogenesis.** Bulletin of Egyptian Society for Physiological Sciences 40.1 (2020): 166-179.
4. **Potential mechanisms underlying the Reno protective effect of empagliflozin, a novel selective sodium glucose co-transporter (SGLT) 2 inhibitor, against diabetic nephropathy in streptozotocin induced diabetic rats.** Bulletin of Egyptian Society for Physiological Sciences (2021): 344-357
5. **The potential role of erythropoietin on fatty liver induced by methionine choline deficient diet in adult male rats.** Bulletin of Egyptian Society for Physiological Sciences, 42, 1, 2022, 90-100. Doi: 10.21608/besps.2021.88294.1106
6. **Spexin alleviates hypertension, hyperuricemia, dyslipidemia, and insulin resistance in high fructose diet induced metabolic syndrome in rats via enhancing PPAR- γ and AMPK and inhibiting IL-6 and TNF- α .** Archives of Physiology and Biochemistry (2021): 1-6.

7. **Protective effect of vitamin D against type II diabetic nephropathy in rats: a possible role of adropin."** Bulletin of Egyptian Society for Physiological Sciences (2023): 155-170
8. **Bromelain exerts a protective effect on cardiac ischemia reperfusion injury of male rats by activating JAK2/STAT3 signaling pathway** (under publication)
9. **The Hepatoprotective Effect of Nobiletin/Fenofibrate Cotreatment against Diabetic Liver Injury in Rats: Targeting Premature Senescence and AMPK/mTOR-Mediated Autophagy** (under publication)

V- Human development Courses

1. Effective communication skills.
2. Effective presentation skills.
3. Time & meetings management.
4. University teacher preparation.
5. Methods of active learning.
6. Management of websites
7. Self-evaluation and external audit
8. Competitive Research Projects
9. Ethics in Healthcare and scientific research

VI- Activities and experiences:

- Proficient in teaching medical physiology using various methods, including PBL, TBL, credit hours, and integrated system teaching for students in medicine, dentistry, pharmacy, and physiotherapy.
- Specialized in teaching neurophysiology and neurosciences, emphasizing the implementation of PBL and TBL sessions.
- Extensive experience in collaborative research projects, showcasing strong teamwork and communication skills.

- Proficient in designing and composing research articles, contributing to the dissemination of knowledge in the field.
- Actively involved in the preparation of departmental books for both undergraduate and postgraduate medical students, covering teaching courses, practical exercises, MCQs, and case studies.
- Played a key role in the preparation and evaluation of diverse forms of Physiology exams, including written, oral, OSCE, and OSPE, for both undergraduate and postgraduate medical students.
- Created informative data show presentations tailored for both undergraduate and postgraduate medical students across various branches of Medical Physiology.
- Demonstrated effective communication skills through teaching, collaboration, and presentations.
- Applied excellent skills in performing animal experiments, contributing to hands-on learning experiences.
- Coordination of modules
- Sharing and participating in community activities conducted in college

VII- Conference attendance

- The first annual conference of physiology department Ain Shams university March 2017, Ain Shams faculty of medicine Cairo-Egypt.
- The second annual conference of physiology department Ain Shams university March 2018, Hilton Cairo Heliopolis Cairo-Egypt
- First international symposium of faculty of pharmacy Mutah University, Kerak, Jordan, April 2019.
- Webinar on impact and consequences of Covid-19 on higher education in African Association of Physiological Sciences AAPS, June 2020

- Webinar on remote teaching and learning of Physiology during COVID-19 with existing technology African Association Of Physiological Sciences AAPS, August 2020.
- Attended Workshop about “New Templates of NCAAA for Course and Program Documentation” February 2023.
- Attended and actively participated in the Workshop “Report and Analytics on DigiAssess Program, ISNC March 2023
- Attended and actively participated in Post Exam Feedback Session Workshop, ISNC October 2023
- Attended faculty development program about “How to deal with Low Performance Students” ISNC February 2024
- Attended faculty development program about “Case Based Learning online discussion”, ISNC May , 2024
- Attended faculty development program about “Tips for Effective and Interactive Lecture”, ISNC June 2024

VIII- Quality Activities:

- Member of the quality assurance unit and strategic plan team at Faculty of Medicine, Benha University (2020- till now).
- Member of the strategic plan and curriculum development team in the Quality unit Mutah college of Medicine, Mutah University, Jordan from (2018-2020).
- Member of the course specification and course report team of physiology Department for undergraduate and postgraduate courses (2013-2018).
- Member of the quality assurance unit at Faculty of Medicine, Benha University (2013-2018).

- Member of course audit committee ISNC for Medical Studies, overseeing the evaluation and enhancement of courses to meet the evolving needs of students and stakeholders. (2023 till now)



ادارة جامعة بنها	اسم الوثيقة	
الادارة العامة للشئون أعضاء هيئة التدريس	رقم الإصدار	
تاريخ الإصدار		

٢٠٠٩/٢٨/٢٠٠٨

الإسم: د/ هند أبو زيد عبد الله أبو زيد

تاریخ المیلاد: ١٩٨٤/١/٢٩

الوظيفه الحاليه: أستاذ مساعد (لقب علمي) بقسم الفسيولوجيا بكلية الطب البشري

المؤهلهات:

- ١- بكالوريوس الطب والجراحة دور ديمببر عام ٢٠٠٧ بتفوق عام ممتاز مع مرتبة الشرف من كلية الطب البشري ببنها
- ٢- ماجستير في العلوم الطبية الأساسية في الفسيولوجيا في ٢٥/٢/٢٠١٣ من كلية الطب البشري ببنها
- ٣- دكتوراه في العلوم الطبية الأساسية في الفسيولوجيا الطبية من كلية الطب البشري ببنها في ٢٤/٥/٢٠١٧

الوظائف والخبرات:

- ١- ط. إمتياز بمستشفى بنها الجامعي ومستشفيات ووزارة الصحة من ١/٢٨/٢٠٠٩ حتى ٣/٢٠٠٨
- ٢- ط. مكلف بمديرية الشئون الصحية بالقليوبية من ١٧/٣/٢٠٠٩ حتى ١٥/٧/٢٠٠٩
- ٣- معيد بقسم الفسيولوجيا بكلية الطب البشري ببنها ١٥/٧/٢٠٠٩
- ٤- مدرس مساعد بقسم الفسيولوجيا بكلية الطب البشري ببنها من ٢٤/٣/٢٠١٣
- ٥- مدرس بقسم الفسيولوجيا بكلية الطب البشري ببنها من ٢٢/٦/٢٠١٧
- ٦- أستاذ مساعد (لقب علمي) بقسم الفسيولوجيا بكلية الطب البشري ببنها من ٣١/٥/٢٠٢٢ حتى تاريخه.

تشهد جامعة بنها - بان البيانات الموضحة بعاليه مستخرجه من واقع ملف خدمة سياتتها وذلك بناء على طلبها لتقديمها إلى من يهمه الأمر دون أي مسؤولية قبل الجامعة وقد سددت الرسوم المستحقة

تحرير في: ٢١/٨/٢٠٢٣

امين الجامعة المساعد للشئون الإدارية

(أ/ دفعت نان داود)



د. هند أبو زيد عبد الله أبو زيد



جامعة بنها

شَهَادَةُ تَخْرُجٍ

B 0220773

مركز الشهادات الموحدة

تشهد كلية الطب البشري

أن السيدة/ هند ابوزيد عبدالله ابوزيد

المولودة في : القليوبية

الجنسية : مصرية

قد حصلت على درجة بكالوريوس الطب والجراحة

التقدير التراكمي: ممتاز مع مرتبة الشرف

دور دسمبر عام: ٢٠٠٧

النسبة المئوية: ٥٥٩٦

٦٤٥٠ من ٨٦٧٥

اعتمد مجلس الكلية نتيجة الامتحان في: ٢٠٠٨/٠٢/٢٠

اعتمد مجلس الجامعة نتيجة الامتحان في: ٢٠٠٨/٠٣/٠٣

الكلية حاصلة على شهادة الاعتماد من الهيئة القومية لضمان جودة التعليم والإعتماد بالقرار ١٤٠ بتاريخ ٢٠١٥/٤/٢٧

يعتمد،
عميد الكلية

وكيل الكلية
لشئون التعليم والطلاب

شئون
خريجين

المراجعة
شنون خريجين

أ/د/ محمد جمال الدين الأشهب

أ/د/ محمد جوده منتصر

مستخرج من بيانات مركز الشهادات الموحدة بالجامعة بتاريخ ٢٠٢٢/٠٨/٢٨

هذه البيانات متاحة على قاعدة بيانات جامعة بنها ويمكن الرجوع إليها على الموقع الإلكتروني على الرابط التالي:

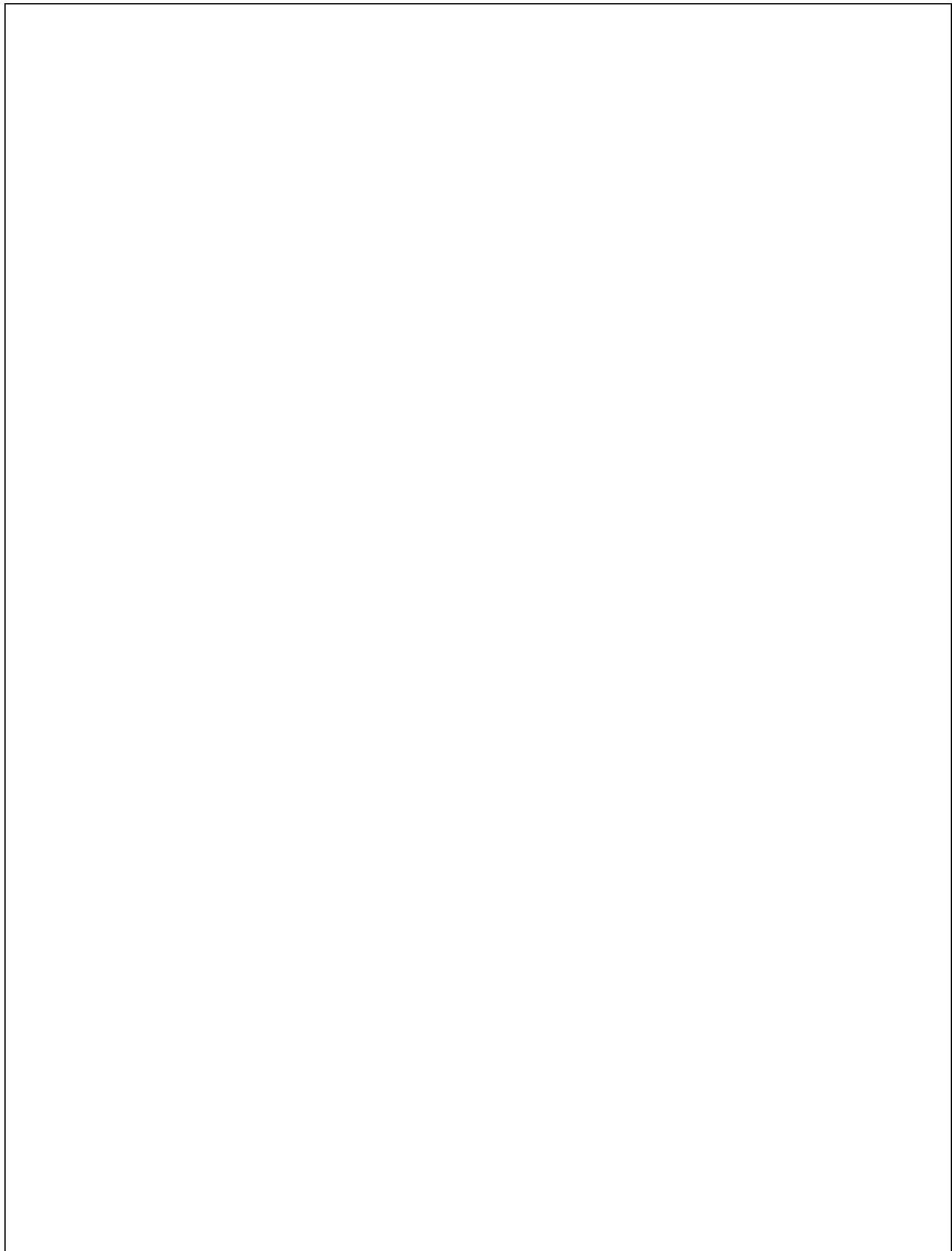
<http://www.mis.bu.edu.eg/graduates/certificate>

E-Mail: grad_certificate@bu.edu.eg

Mobile: 00201272092990

Tel: 0020133210661







الكلية حاصلة على شهادة الاعتماد من الهيئة القومية لضمان جودة التعليم والإعتماد بالقرار ١٤٠ بتاريخ ٢٧/٤/٢٠١٥

يعتمد، عميد الكلية

وكيل الكلية
للدراسات العليا

مدیر
الخريجيين
فاسمه

المراجعة حاسة

شئون الخريجين الملاس

مستخرج من بيانات مركز الشهادات الموحدة بالجامعة بتاريخ ٢٠٢٢/٨/٢٨

هذه البيانات مؤقتة على قاعدة بيانات جامعة بنها ويمكن الرجوع إليها على الموقع الإلكتروني على الرابط التالي:

<http://www.mis.bu.edu.eg/graduates/certificate>

E-Mail: grad_certificate@bu.edu

